



October to December 2009 Learning Calendar - Southern

TSI's Internal Training Program

WebEx			
Cash Reconciliation			
Region	Location	Date	Time
Open-to-all	WebEx	12/8	2:00pm-3:30pm
Member Enrollment			
Region	Location	Date	Time
Open-to-all	WebEx	12/9	2:00pm-3:30pm
Contract Auditing			
Region	Location	Date	Time
Open-to-all	WebEx	12/10	2:00pm-3:30pm
Voids & Returns			
Region	Location	Date	Time
Open-to-all	WebEx	12/11	2:00pm-3:30pm
Credits and Refunds			
Region	Location	Date	Time
Open-to-all	WebEx	12/15	2:00pm-3:30pm
Cancellation			
Region	Location	Date	Time
Open-to-all	WebEx	12/16	2:00pm-3:30pm
Guest Usage			
Region	Location	Date	Time
Open-to-all	WebEx	12/17	2:00pm-3:30pm
Reinstates & Renewals			
Region	Location	Date	Time
Open-to-all	WebEx	12/18	2:00pm-3:30pm

Management			
Select Better for Fitness Part 1			
Region	Location	Date	Time
NYSC-NJ	Livingston	12/4	9:00am-5:00pm





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Sales			
Sales Foundations			
Region	Location	Date	Time
PSC	Market Street	12/16-12/18	9:00am-5:00pm

Fitness Foundations			
Region	Location	Date	Time
NYSC-NJ	Ramsey	Thursday 12/17-Friday 12/18	9:00am-5:00pm
WSC	K St.	Thursday 12/10-Friday 12/11	9:00am-5:00pm

Fitness Sales			
Region	Location	Date	Time
NYSC-NJ	Ramsey	Thursday 12/10	9:00am-5:00pm
WSC	K St.	Saturday 12/12	9:00am-5:00pm

Sports Club for Kids			
Swim Academy			
Region	Location	Date	Time
NYSC-NJ	Marlboro	12/12-12/13	sat 12pm-7pm/ sun 11am-6pm
All Star Sports			
Region	Location	Date	Time
NYSC-NJ	Marlboro	12/1	5:00pm-9:00pm
Birthday Party			
Region	Location	Date	Time
NYSC-NJ	Marlboro	12/8	5:00pm-9:00pm
Games Training			
Region	Location	Date	Time
NYSC-NJ	Ramsey	12/15	5:00pm-9:00pm





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PERSONAL TRAINING CERTIFICATIONS

Available Through TSI

NASM-CPT			
Region	Location	Date	Time
NYSC-NJ	Ramsey	Saturday 12/5-Sunday 12/6	9:00am-5:00pm
WSC	K St.	Saturday 12/5-Sunday 12/6	9:00am-5:00pm

SPECIALTY PROGRAMS FOR PERSONAL TRAINER PROGRESSION

Hosted at TSI

Annette Lang			
Integrated Stretching Workshop			
Region	Location	Date	Time
PSC	Market Street	Friday 12/4	9:00am-5:00pm

Group Exercise Certifications/Programs

Hosted at TSI

Pilates

Balanced Body University			
Reformer Level Two			
Region	Location	Date	Time
NYSC-NJ	East Brunswick	Saturday 12/5-Sunday 12/6	11:00am-7:00pm
Exo Chair			
Region	Location	Date	Time
NYSC-NJ	Ridgewood	Saturday 12/5-Sunday 12/6	(Sat) 12pm-6pm (Sun) 11am-5pm





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Spinning

Mad Dogg			
Spinning Orientation			
Region	Location	Date	Time
WSC	Georgetown	Saturday, 12/5	10:00am-7:00pm
PSC	Market Street	Saturday, 12/12	8:00am-4:00pm
Spin Core			
Region	Location	Date	Time
NYSC-NJ	Livingston	Saturday 12/12	11:00am-3:00pm
PSC	Market Street	Sunday 12/13	9:00am-1:00pm
Rate of Perceived Exertion			
Region	Location	Date	Time
NYSC-NJ	Livingston	Saturday 12/12	4:00pm-6:00pm
PSC	Market Street	Sunday 12/13	2:00pm-4:00pm

Continuing Education

Annette Lang: Training the Pregnant and Post Natal Client Workshop			
Region	Location	Date	Time
PSC	Rodin Place	Saturday 12/5	11:30am-6:00pm

AED-CPR

Emergency Skills			
AED-CPR			
Region	Location	Dates	Time
NYSC-NJ	Ramsey	Wednesday 12/16	1:00pm-5:00pm
WSC	K Street	Saturday 12/5	9:00am-1:00pm

