



# October to December 2009 Learning Calendar – Northern

## TSI's Internal Training Program

<b>WebEx</b>			
<b>Cash Reconciliation</b>			
Region	Location	Date	Time
Open-to-all	WebEx	12/8	2:00pm-3:30pm
<b>Member Enrollment</b>			
Region	Location	Date	Time
Open-to-all	WebEx	12/9	2:00pm-3:30pm
<b>Contract Auditing</b>			
Region	Location	Date	Time
Open-to-all	WebEx	12/10	2:00pm-3:30pm
<b>Voids &amp; Returns</b>			
Region	Location	Date	Time
Open-to-all	WebEx	12/11	2:00pm-3:30pm
<b>Credits and Refunds</b>			
Region	Location	Date	Time
Open-to-all	WebEx	12/15	2:00pm-3:30pm
<b>Cancellation</b>			
Region	Location	Date	Time
Open-to-all	WebEx	12/16	2:00pm-3:30pm
<b>Guest Usage</b>			
Region	Location	Date	Time
Open-to-all	WebEx	12/17	2:00pm-3:30pm
<b>Reinstates &amp; Renewals</b>			
Region	Location	Date	Time
Open-to-all	WebEx	12/18	2:00pm-3:30pm

<b>Sales</b>			
<b>Sales Foundations</b>			
Region	Location	Date	Time
NYSC-CT	Mamaroneck	12/7-12/9	9:00am-5:00pm
BSC	Downtown Crossing	11/30-12/2	9:00am-5:00pm





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### Fitness Foundations

Region	Location	Date	Time
NYSC-CT	Mamaroneck	Saturday 11/23-Sunday 11/24	9:00am-5:00pm
NYSC-CT	Mamaroneck	Saturday 12/10-Sunday 12/11	9:00am-5:00pm
BSC	DTX	Thursday 11/19-Friday 11/20	9:00am-5:00pm
BSC	DTX	Thursday 12/17-Friday 12/18	9:00am-5:00pm

### Fitness Sales

Region	Location	Date	Time
NYSC-CT	Mamaroneck	Tuesday 12/22	9:00am-5:00pm
BSC	DTX	Saturday 12/12	9:00am-5:00pm

### Sports Club for Kids

#### Swim Academy

Region	Location	Date	Time
NYSC-CT	New Rochelle	12/12-12/13	sat 12pm-7pm/ sun 11am-6pm

#### Games Training

Region	Location	Date	Time
NYSC-CT	New Rochelle	12/10	5:00pm - 9:00pm

#### Birthday Party

Region	Location	Date	Time
NYSC-CT	Dobbs Ferry	12/3	5:00pm - 9:00pm





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## PERSONAL TRAINING CERTIFICATIONS

*Hosted at TSI*

NFPT Certification Workshop			
Region	Location	Date	Time
BSC	Allston	Saturday 12/12-Sunday 12/13	9:30am-6:00pm

## SPECIALTY PROGRAMS FOR PERSONAL TRAINER PROGRESSION

*Hosted at TSI*

KettleBell Concepts-Level One			
Region	Location	Date	Time
BSC	Allston	Saturday 12/5-Sunday 12/6	9:00am-5:00pm

## Group Exercise Certifications/Programs

*Hosted at TSI*

### Primary Certifications

AFAA			
AFAA Primary Certification			
Region	Location	Date	Time
BSC	Government Center	Sunday 12/6	9:00am-6:00pm





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## Pilates

<b>PHI Pilates Certifications and Workshops</b>			
<b>PHI Pilates Reformer Foundations Three</b>			
Region	Location	Date	Time
NYSC-CT	Stamford-Springdale	Saturday 12/12-Sunday 12/13	11:00am-7:00pm

## Spinning

<b>Mad Dogg</b>			
<b>Spinning Orientation</b>			
Region	Location	Date	Time
NYSC-CT	Stamford Commerce	Saturday, 12/5	10:30am-7:00pm
BSC	Watertown	Saturday, 12/12	10:30am-7:00pm
<b>Spin Core</b>			
Region	Location	Date	Time
BSC	Watertown	Saturday 12/5	11:00am-3:00pm
<b>Rate of Perceived Exertion</b>			
Region	Location	Date	Time
BSC	Watertown	Saturday 12/5	4:00pm-6:00pm

## YOGA

<b>YogaFit</b>			
<b>YogaFit Level One</b>			
Region	Location	Date	Time
BSC	Fenway	Saturday 12/12-Sunday 12/13	8:30pm-6:00pm

