



GLENDALE

group exercise
holiday schedule
easter weekend 2010

friday 4.2	saturday 4.3	sunday 4.4
group exercise studio		
9:30am core conditioning 10:30am total body conditioning 12:00pm silver sneakers All Classes Cancelled	9:30am step 10:30am total body conditioning	All Classes Cancelled
Mind body studio		
All Classes Cancelled	All Classes Cancelled	All Classes Cancelled
cycling		
All Classes Cancelled	9:30am 10:30am	All Classes Cancelled