



REGO PARK

group exercise
holiday schedule
easter weekend 2010

friday 4.2	saturday 4.3	sunday 4.4
group exercise studio		
9:30am pilates-based mat 10:30am club strength 12:00pm silver sneakers® (msrom) 12:45pm zumba®	9:30am step 10:30am total body conditioning All Classes Cancelled	All Classes Cancelled
cycling studio		
	9:30am 10:30am	All Classes Cancelled