



south end

group exercise
holiday schedule
easter 2010

friday 4.02	saturday 4.03	sunday 4.04
group exercise studio		
12:30pm bootcamp	9:30am step 10:30am abdominals (30 min) 12:00pm zumba	all classes cancelled
mind/body studio		
12:00pm vinyasa yoga vinyasa yoga	9:30am pilates-based mat	all classes cancelled
spinning studio		
*5:30pm	9:30am super spin (60 min)	all classes cancelled