



34th & Park

group exercise  
holiday schedule  
easter weekend 2010

friday

4.2

saturday

4.3

sunday

4.4

group exercise studio

7am  
total body conditioning

10am  
prime time cardio

11am  
vinyasa yoga

12pm  
club strength

10:15am  
strengthen & stretch

11:15am  
club strength

12:15pm  
club abs  
(30 min)

9:30am  
total body conditioning

10:30am  
classic stretch  
(45 min)

11:15am  
club abs  
(30 min)

11:45am  
hatha yoga