



125th Street - harlem USA

group exercise
holiday schedule
easter 2010

friday 4.02	saturday 4.03	sunday 4.04
group exercise studio		
<p>10:15am total body conditioning</p> <p>7:00pm dancenergy</p>	<p>8:00am pre-season sports conditioning</p> <p>9:30am cardio kickboxing</p> <p>10:30am total body conditioning</p> <p>12:30pm pre-season sports conditioning</p>	<p>9:00am pilates-based mat</p> <p>11:00am total body conditioning</p>
group exercise studio 2		
<p>6:30pm vinyasa yoga</p>	<p>11:00am pilates-based mat</p>	
cycling		
<p>ALL CLASSES CANCELLED</p>	<p>9:00am</p> <p>10:00am</p>	<p>ALL CLASSES CANCELLED</p>