



E41st & 3rd

group exercise
holiday schedule
MLK weekend 2012

friday 1.13	saturday 1.14	sunday 1.15	monday 1.16
group exercise studio			
regular schedule	9:30am pilates-based mat 10:30am total body conditioning 11:15am abdominals 11:45am total body conditioning		all classes cancelled
cycling studio			
regular schedule	9:30am	9:30am	all classes cancelled