



e. 23

group exercise
holiday schedule
easter 2010

friday 4.02	saturday 4.03	sunday 4.04
group exercise studio		
10:30am total body conditioning 12:15pm boxing 5:30pm total body conditioning 6:30pm step	9:30am cardio kickboxing 10:30am total body conditioning	9:15am total body conditioning
spinning studio		
6:30am 12:15pm	9:30am 10:30am	10:30am